



## Evaluation Materials

### Infant Evaluation Materials:

- A variety of bottles that your baby accepts and/or that you have trialed. We have a bottle warmer at our office.
- Pacifiers and teething toys that your baby uses at home.
- A nipple shield if you use one.
- A nursing pillow if you use one. This is not required, however we do welcome any supports that will keep you comfortable.
- A baby blanket.
- Burp rags.
- Small toys that your baby enjoys playing with.

### Toddler Evaluation Materials:

- Two-three foods that your child enjoys eating. Please consider bringing a variety of textures (i.e. crunchy, chewy, pureed, etc.) This can include finger foods.
- Two-three foods that your child has difficulty eating/accepting.
- A drink that your child prefers.
- Utensils that your child uses at home (i.e. cup, bottle, plate, bowl, spoon, fork, etc.).
- An item that your child uses to help them calm themselves (i.e. a preferred toy or blanket).

Parents, these are some materials we will need you to bring from home so that your child can feel as comfortable as possible in a new environment! It would be preferable if your child is hungry (NOT starving) during the time of the assessment. This will provide a typical feeding experience.

### Adult-Adolescent Evaluation Materials

- Two or three foods, please consider a variety of textures (i.e. crunchy, chewy, pureed, etc.)
- A drink of your choice
- A toothbrush

Please let us know if you have any questions! We look forward to meeting you!

(210) 256-9859